



Radiance

Supporting the
emotional wellbeing
of parents on their
journey into
parenthood



Contact

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Our journey

The Radiance Network South West was launched in November 2017 in response to community demand – recognition that there was not enough awareness, support, and services for families in the South West region, who are struggling in the perinatal period.

Radiance is a product of partnership and collaboration, with a vision to provide a platform to bring services together to support, build resilience, and enhance the emotional wellbeing of parents to strengthen family relationships. Radiance also aims to raise awareness around perinatal anxiety, depression and adjustment disorders and facilitate better pathways to care.

The Radiance Network South West is registered as a charity and all donations over \$2 are tax deductible. A tax invoice will be provided.



The Radiance Network has created five tiers in our mission to support parents throughout the South West region.



Radiance Online

Resources and support
services database



Support Groups

Radiance Support
Group and Mother-
Baby Nurture



Radiance Outreach

Peer 1:1 Support - in-
home and in
community



Advocacy and referral pathways

For perinatal wellbeing



Education and awareness

Events and resources
for health professionals
and wider community

Celebrations

Radiance is supported by various State Government programs and we have a range of advocates in the community. Some of our collaborations to date are:

- Radiance Network added into PANDA's online support group package as a *Project of Excellence*, 2018
- Radiance partnered with Playgroup WA in response to the urgent call for more perinatal and early parenting support with the *First 1000 Days* at Playgroup Project, July 2021
- Successful application for funding from the Mental Health Commission to provide additional support groups throughout the South West, July 2021 - to date
- Recipient of 100 Women Grant 2023 to fund in-home 1:1 support service throughout the South West

Future goals

- **Secure consistent on-going funding**
- Expand Support Groups and Peer 1:1 Support to other rural towns
- Continue to create awareness and work on prevention of ill-mental health and promotion of mental wellbeing practises for families
- Build Radiance Family Hub for the South West

Contact

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