

Supporting the emotional wellbeing of parents with their journey into parenthood



Tision

# The Radiance Network South West Inc ("Radiance Network") is a community network connecting parents to local services within the community.

Through partnership and collaboration, the Radiance Network aims to provide a platform of service options to support, build resilience, and enhance the emotional wellbeing of parents to strengthen family relationships.

Mission

The Radiance Network has been established to address the multitude of needs for parents (antenatal to 3 years) who are experiencing emotional stress following birth or while caring for a young child.

**Inclusiveness** — We are non-judgemental, non-discriminatory and accepting of all people.

**Respect** — We will treat everyone with respect and recognise each individual for his/her own unique strengths. We treat others with the highest degree of dignity and understanding.

**Holistic** — Means that we are interested in engaging with and developing the whole person in all ways.

**Compassion** — We have a deep awareness and understanding of the needs and complexities of each individual. We want to make a difference to those that need it most.

**Choice** — We will support the individual's right to choose so that they feel heard and supported every step of the way.

**Trust** — We recognise that trust is a key element of the success of all relationships in the network.

Key Focus Agens

Stability — To ensure a strong foundation for the Radiance Network in a way that fosters stability and trust.

Diversity — To diversify our service delivery in a way that is innovative and responsive.

Growth — To create and build upon opportunities for growth of the Radiance Network.

## **Stability**

# To ensure a strong foundation for the Radiance Network in a way that fosters stability and trust.

- The Radiance Network will build a foundation of strong governance.
- We will be financially stable.

Alegic Opjectives

- We will increase the awareness of antenatal and infant mental health.
- We will strengthen and increase our promotion strategies.
- We will place emphasis on the value of peer support.
- We will commit to the wellbeing and professional development of Committee Members.

#### **Diversity**

### To diversify our service delivery in a way that is innovative and responsive.

- We will explore opportunities to engage with partners.
- We will fiercely advocate for families who do not have a voice.
- We will pursue and drive strategies for prevention.
- We will remain a grass roots organisation that works in partnership with community.
- We will increase opportunities for families to engage.

#### Growth

### To create and build upon opportunities for growth of the Radiance Network.

- · We will establish the Radiance House.
- We will develop Radiance Hubs throughout the wider South West region.
- We will partner with agencies to expand our reach.
- We will be recognised as a 'Network of Excellence'.

"The more love and positive interaction you experience in your first 1000 days of life, the more developed your brain will be. This will ultimately impact all of your child's life-long outcomes."

Nathan Wallis, New Zealand based neuroscience educator, is well-known for his research into the importance of the first 1000 days of a child's life and its effects,

Manager, Anne Mackay admin@radiancesouthwest.com.au 0490 094 994

Chairperson, Amanda Prestipino

chair@radiancesouthwest.com.au

www.radiancesouthwest.com.au PO Box 20 Busselton WA 6280

ABN: 69 670 498 597

Bendigo Bank BSB: 633 000

Account no: 1611 83157